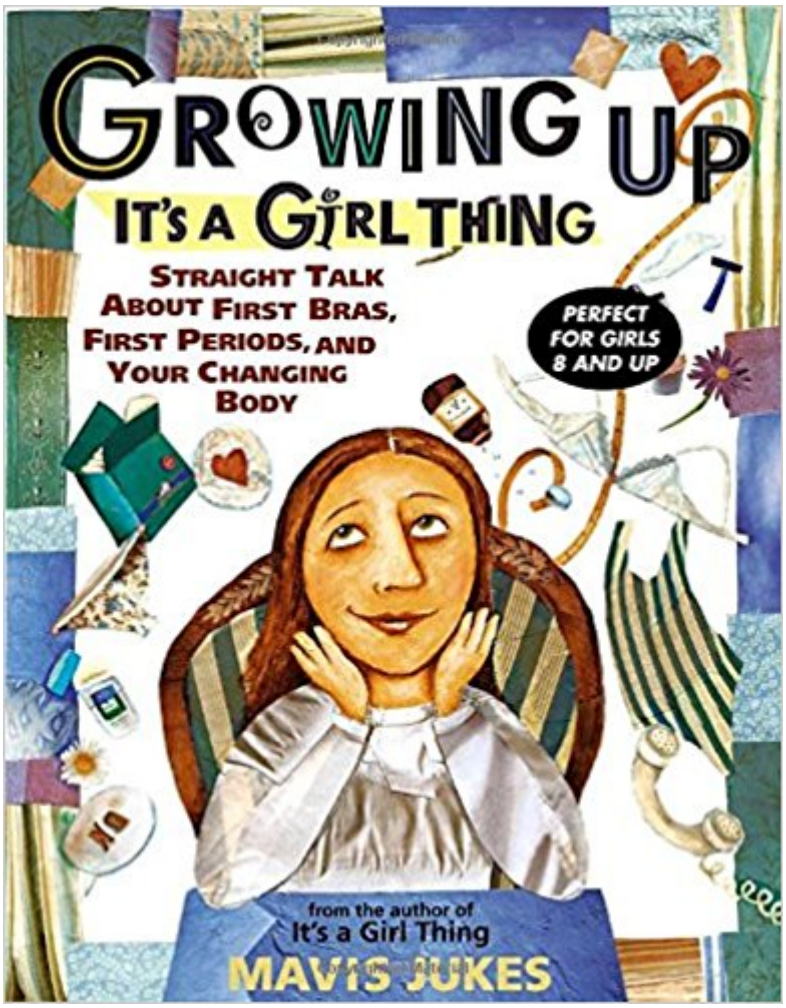
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Growing Up: It's A Girl Thing: Straight Talk About First Bras, First Periods, And Your Changing Body



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Synopsis

The author follows up her best-seller It's a Girl Thing: How to Stay Healthy, Safe, and in Charge with a light-hearted book of advice for girls ages eight to eleven on menstruation, puberty, and other concerns.

Book Information

Series: It's a Girl Thing

Paperback: 80 pages

Publisher: Knopf Books for Young Readers; 1 edition (September 8, 1998)

Language: English

ISBN-10: 0679890270

ISBN-13: 978-0679890270

Product Dimensions: 7 x 0.3 x 9 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 115 customer reviews

Best Sellers Rank: #16,295 in Books (See Top 100 in Books) #9 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #17 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse #121 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Family Life > New Experiences

Age Range: 8 - 12 years

Grade Level: 3 - 7

Customer Reviews

Grade 4-8-A slimmed-down version of Jukes's It's a Girl Thing (Knopf, 1996) that explores puberty firsts such as bras and periods. The author imparts the essential information vital to a young woman's early development. Speaking with the sensitivity of an older, trusted sister, Jukes assures readers that the changes, or lack of, in their bodies are perfectly normal. She covers body hair and shaving, perspiration and deodorant, and how to buy your first bra. The second half of the book is devoted to what to expect and how to plan for your first period. Jukes details the pros and cons of pads and tampons and gives practical, safe advice for alleviating cramps. Sexual intercourse is defined as an activity for adults and used to describe the reproductive organs. Sexual activity in teenagers and birth control are not covered. The narration has an easy, comfortable voice and imparts accurate and important information while assuring readers that they can still be children even though they've entered puberty.Katie O'Dell Madison, Multnomah County Library, Portland,

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The title gives a slight hint, but librarians and readers may still be surprised to discover that despite a few organizational changes, some slight rewriting, and the addition of a short section dealing with privacy issues, this is basically little more than the first three chapters of Jukes' 1996 It's a Girl Thing. The openness and warm, if sometimes gushy, enthusiasm ("the bra smelled so new and delicious") of the first book are still apparent, and once again Jukes calls up personal anecdotes about her own puberty during the late 1950s as she introduces girls to their sexual anatomy, menstruation, and a few related topics. Although a number of more detailed books on those subjects exist--among them, The Period Book (1996), by Karen Gravelle and her daughter, Jennifer--this one, which has an excellent section on bras, may suit girls on the new end of the puberty continuum. Stephanie Zvirin --This text refers to an out of print or unavailable edition of this title.

As expected ... would order again.

I ordered this book for my maturing daughter based on the description and, thank goodness, browsed through before giving it to her. The opening story was completely outdated and inappropriate and some of the topics reviewed unexpected and unnecessary. Don't buy this book unless you want to confuse your daughter and solicit many unnecessary questions.

Made it very easy to talk to my little lady.

Great for my granddaughter her mom loves it.

I liked this book, don't get me wrong. But I did find it a little thin, especially in light of all the topics it covers. That may be a good thing, as most young girls don't need or want to go into a lot of depth on these subjects. But compared to several other books of this nature, I found it a bit sparse.That being said, the book does cover a variety of topics, from choosing a first bra, to developing breasts, internal reproductive organs, external reproductive organs (female only, and not in depth), menstrual periods and dealing with them, and in several places there are comments regarding appropriate behavior by adults towards children (which I was glad was included).All in all it's a nice book for the price, if you don't mind it skimming the surface, rather than delving into these topics.

This book is straightforward and to the point. Perfect for my 10 year old. Also covers hygiene issues. I’m ecstatically satisfied!

BEST thing you could ever do for your daughter! If you want to keep your daughter’s or niece’s safe... Knowledge is POWER!

My 11 year old daughter loves it. Answers a lot of questions for her, which supports what I have answered for her as well. Books is more comprehensionable for her age.

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